What is claimed is:

- 1. A liposome containing as a membrane component an active ingredient of a medicament for prophylactic and/or therapeutic treatment of a vascular disease caused by abnormal proliferation of vascular smooth muscle cells.
- 2. The liposome according to Claim 1, wherein the active ingredient comprises a benzimidazole derivative having suppressing action on foaming of macrophages.
- 3. The liposome according to Claim 1, which contains as a membrane component a lipid selected from phosphatidylcholines and phosphatidylserines.
- 4. The liposome according to Claim 1, which contains as a membrane component a phosphoric acid dialkyl ester as being a diester of an alkyl containing 6 or more carbon atoms.
- 5. A medicament for prophylactic and/or therapeutic treatment of a vascular disease caused by abnormal proliferation of vascular smooth muscle cells, which comprises the liposome according to Claim 1.
- 6. The medicament according to Claim 5, which is for prophylactic and/or therapeutic treatment of arteriosclerosis.